



Rotary Club of Brisbane High-Rise

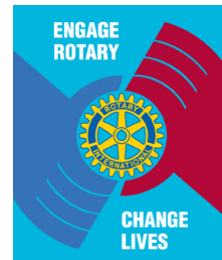
R.I. No. 29520

rotarybrisbanehighrise.com

2011-12

HOT AIR

District 9600
Serving the Heart of Brisbane
19 June 2014



WENDY'S WISDOM

This week we've released the 2013 Kids Helpline Annual Overview. There has been an increase of 9% from the previous year. A young person reached out by phone or on-line 390,000 times; Kids Helpline responded 235,000 times. There were 72,000 in-depth counselling sessions. Kids Helpline missed 156,000 attempts - we were at capacity (2pm – mid-night) or we just didn't have sufficient resources.

The top issues were mental health concerns, family relationships, emotional wellbeing, and suicide related concerns. We responded to an average of 26 sessions a day about suicide related issues – an increase from 2012. We responded to 43 sessions a day about self-harming issues – an increase from 2012. 310,000 tip sheets were directly downloaded from the website (kidshelp.com.au) 5,000 Australian primary school kids participated in a classroom session led by their teacher with a Kids Helpline counsellor on video link.

We need to look and listen more closely to our young people and help them develop better resilience skills in this time of rapid technological probing into their everyday lives. I've been amazed by stories from some of you as I've watched or had the privilege of being part of the time, energy and passion you bring to your roles as parents, grandparents and custodians of young people – not only in our backyards but across the world. Thank you. Sometimes in my world it's easy to think that the majority of young people (aged 5 – 25) don't have the support they need to grow into happy and healthy adults but as I tell all of our counsellors – what we do on a daily basis is help some of the young ones slipping over the edge of the cliff to get back up and enjoy what life has to offer. We should all play our part in helping develop healthy, robust, centred young people.

ROSTER	19 June	26 June	3 July	10 July	17 July
Chair	John A	Margo	Jacque	No meeting Due to Change Over the following night	Neil
Set Up	Margo Jacque	Jacque Neil	Neil Phil		Phil Rod
Close Down	Neil Phil	Phil Rod C	Rod C Julie Dahl		Julie Bryce
Sergeant	Greg	Russell	Kit		Rob

INTERNATIONAL TOAST

While the eyes of the world are on Brazil for the World Cup, this week we will toast the **Rotary Club of Rio de Janeiro** in District 4570. The Club was chartered on 23 February 1923 and is still going strong.

GUEST SPEAKERS

19 June	Directors	Key outcomes from the year
26 June	TBC	G20 Presentation
3 July	Wendy Protheroe	The year in review - Change over report

ATTENDANCE 12/6

MEMBERS: 34
VISITING ROTARIANS: 0
GUESTS: 6
PERCENTAGE OF MEMBERS
ATTENDED:
61%

APOLOGIES / GUESTS and MAKEUPS

NOTIFY OUR CLUB BY 1700 TUESDAY PRIOR
TO THAT WEEK'S MEETING AT:

apologies@rotarybrisbanehighrise.com

make-ups@rotarybrisbanehighrise.com

Direct Debit

PREPAY FOR OUR MEETINGS,
EVENTS, SUBSCRIPTIONS AT:

BSB 084 -034

Account Number
559347857

ROTARY GRACE

*O Lord and giver of all
good,
we thank you for our
daily food. May
Rotary friends and
Rotary ways help us
to serve you all our
days.*

Greetings from Edna and Ayan

Greetings from Somaliland.

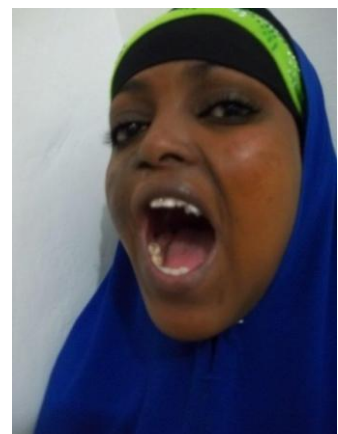
I am happy to let you know that I have today seen Ayan for the first time since I left her at the Wesley hospital at the end of February. Ayan had called me from Burao as she was worried about slight pain over the graft so asked her to come in and see our medical team. I too wanted to see her so paid for her travel from Burao to Hargeisa as per the usual we had been doing during the years we were looking for help for her condition. Ayan looks great and happy with the result of her operation.

Dr. Shukri examined her and so did I to look inside her mouth:

1. There was no pain but feels some discomfort when she bends down. The wound is not 'warm' to the touch so no abscess suspected. Scar is soft around the edge but generally hard in the center and nearer towards the nose. Dr. Shukri examined her well and did not advise that antibiotics be given as there seems to be no infection.
2. The graft of the nostril has 'taken' but may still have some sutures that need to be absorbed subcutaneously. The nose is still being pulled towards the right.
3. The mucous membrane inside the mouth is pink and looks healthy.
4. She can open her mouth very wide and says she did not need to use the 'mouth expander' .
5. She informed that the 'Dental plate' had become loose when the swelling subsided and said that she tightened the clip to hold it firmer and is now happy with it. She chews well with it and it does not fall out when she talks.
6. Right eye looks good but slightly lower than left eye.

In conclusion, I think she is 'mending' well and advised that she let me know of any developments and that she should go and see any doctor in Burao if she feels a localized hard and hot area in which case she may then be prescribed antibiotics. She has returned to school and says she is still focused on going to university in a few years. She does not have a job yet. She promised that she will come to Hargeisa to see you all when you come in January. Seeing her made my day. I hope this report makes your day too.

Blessings,
Edna





DIARY DATES / UPCOMING EVENTS



Date	Event	Details
11 July	Change Over Dinner	Polo Club
21 July 6.00pm	Presentation of Art Show Proceeds	Stones Corner Club

Thank you from Zonta

To all the High Rise members who attended the charity screening of Half the Sky on Sunday 13 June. It was a successful event with the proceeds going to Edna's hospital.

Thank you to Outgoing Board members

Monday 14 June was the last meeting of the current Board.

Margo Baillie, Kym McCluskey, Deb Le Garde and Angela Tillmanns are all retiring.

Thank you for your contribution to our Club

If you have a Rotary event you want advertised in the Club Calendar please contact the Hot Air Editor at atillmanns@cplqld.org.au

This is Rotary



PEACE AND
CONFLICT
PREVENTION/
RESOLUTION



MATERNAL
AND
CHILD
HEALTH



DISEASE
PREVENTION
AND
TREATMENT



BASIC
EDUCATION
AND
LITERACY



WATER
AND
SANITATION



ECONOMIC
AND
COMMUNITY
DEVELOPMENT



For more information visit www.rotary.org